

# SANTA CRUZ



## HALF MARATHON

### ATHLETE GUIDE 2019

Thank you for running the 17th Santa Cruz Half Marathon, 10K & 5K.

### EVENT DATE

Sunday, March 3, 2019

### LOCATION

Santa Cruz Beach Boardwalk  
400 Beach Street  
Santa Cruz, CA 95060

### TIME

Half Marathon – 8:00 AM  
10K Run/Walk – 8:15 AM  
5K Run/Walk – 8:25 AM

This is a self-seeded event. Faster runners should seed themselves at the front. Please do not seed yourself at the front if you are a slower runner or a walker. When the horn sounds, all athletes will run through the start arch. We are using chip time, so your time will not start until you cross the start line.

### RACE BIBS/PACKET PICK-UP

The Santa Cruz Half Marathon, 10K & 5K we will be offering two pick-up locations prior to the race for you to pick up all of your pre-race materials to make race day as worry-free as possible.

### CHANGING DISTANCES

Runners may change distances at Packet Pick-Up until that distance is sold out.

### PICKING UP FOR A FRIEND

Yes, you can pick up your friends or coworkers packet. You are responsible for getting the packet to your friend or coworkers. They can not be replaced. Please do not pick up for a friend or coworker if you have not arranged to do so with them.

### PACKET PICK-UP DATES AND TIMES

Friday, March 1: 4 PM to 8 PM

Sports Basement  
Pruneyard Shopping Center  
1875 S. Bascom Ave. #240  
Campell, CA 95008

Saturday, March 2: 11 AM to 4 PM

Santa Cruz Beach Boardwalk  
Aloha Terrace next to Cocoanut Grove  
400 Beach St.  
Santa Cruz, CA 95060

Sunday, March 3: 6 AM to 8 AM

Santa Cruz Beach Boardwalk  
Aloha Terrace next to Cocoanut Grove  
400 Beach St.  
Santa Cruz, CA 95060

Please arrive early enough to pick up your race material. The race will begin promptly at 8 AM.

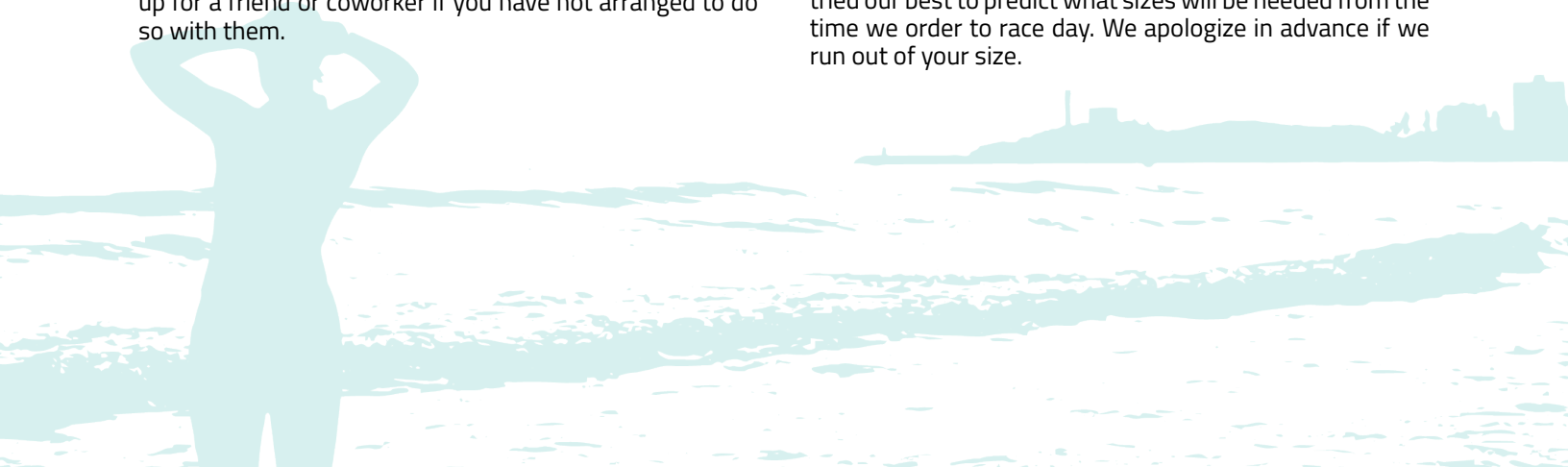
### ABOUT THE TIMING

Your chip will be on your bib. This bib MUST be worn on the front of your body and must be visible. If your bib is covered it is possible you will not receive a time. Do not remove the chip from the bib. Please do not bend or fold your bib. If bent or broken, the timing chip may not be able to record your times.

We will be tracking split times on the Half Marathon course. Split times are taken at the 5K point, the 10K point, and near the Aid Station in Wilder Ranch.

### SHIRTS

T-shirts for the Santa Cruz Half Marathon, 10K & 5K will be handed out at the end of the race. We have done our best to order the correct sizing for everyone, but we have to order T-shirts well in advance of the race and we have tried our best to predict what sizes will be needed from the time we order to race day. We apologize in advance if we run out of your size.



# SANTA CRUZ

## HALF MARATHON

### AID STATIONS

Aid stations will be placed along the course about every 2 miles. They will have sports drinks and water available.

#### Half Marathon Aid Station:

Aid will be provided at the start, finish and at six course aid stations as follows:

- Start Zone on Beach Street (Water)
- Station 1 on West Cliff (Water)
- Station 2 on Mission St. (Water, Gel)
- Station 3 in Wilder Ranch Parking Lot (Water, Sports Drink)
- Station 4 in Wilder Ranch Parking Lot (Water, Sports Drink)
- Station 5 on Mission St. (Water, Gel)
- Station 6 on West Cliff (Water)
- Finish Line on the Main Beach (Water, Food)

#### 10K Run/Walk:

Aid will be provided at the start, finish and at two course aid stations located near miles 2 & 4.

- Start Zone on Beach Street (Water)
- Station 1 on West Cliff (Water)
- Station 2 on West Cliff (Water)
- Finish Line on the Main Beach (Water, Food)

#### 5K Mini Mermaid Run

Aid will be provided at the start, finish and at one course aid stations located near mile 2.

- Start Zone on Beach Street (Water)
- Station 1 on West Cliff (Water)
- Finish Line on the Main Beach (Water, Food)

### PORT-A-POTTIES

We have port-a-potties near the start and finish lines. Give yourself enough time to use them. They will be near each aid station along the course as well.

### PACERS

There will be pacers in the start area holding up pace signs. These pace signs are times they are shooting for. Get near the one you want to run with and they will help you make your time. Remember anyone could have a bad day, even a pacer. Remember to thank them. Pacers are provided by Running Addicts.

### ROAD CLOSURES/TIME LIMIT

The course will be managed at a 15 minute per mile pace. Aid stations and volunteers will begin clearing the course immediately after the 15 min/mile pacer passes each section of the course. You can finish on your own, using sidewalks and obeying traffic signals, but it's likely the finish area will be down. We will hold the finish arch up as long as we can.

### VOLUNTEERS

Please remember to thank the Volunteers! The race wouldn't be possible without their assistance.



# SANTA CRUZ HALF MARATHON

## LOCATION

The Santa Cruz Half Marathon, 10K & 5K start line and packet pick-up will take place near the Santa Cruz Beach Boardwalk at 400 Beach Street in Santa Cruz, CA 95060. The actual start line is at the corner of Beach Street and Main Street.

For door-to-door driving directions, [CLICK HERE](#).

## DRIVING DIRECTIONS

From Hwy 1 or Hwy 17

- Exit at Ocean Street heading south
- Right on San Lorenzo Blvd.
- Left on Riverside Ave.
- Right on 2nd St.
- Left on Cliff St.
- Left on Beach St. and into public parking on your left or metered parking adjacent to Beach St.

## PARKING INFORMATION

The Santa Cruz Beach Boardwalk has several public lots and the daily parking fee is \$15. All lots will be open and accessible on race day. There is additional metered and free parking in the surrounding area.

Please plan to arrive early. Many of the streets around the Santa Cruz Beach Boardwalk are one-way streets and can be a bit confusing. If you plan to park in the main Boardwalk parking lot after 7:30 AM, you may miss the start of the race!

